

"Considering all that is written about the radical treatment of the inguinal hernia repair up until now, it can be somewhat risky to try to publish more about this subject" (Bassini 1890).

The introduction of surgical mesh to create a tension free repair in inguinal hernia surgery in the 1990s was quickly implemented worldwide, because recurrence rates dropped dramatically. Debate on the best surgical approach for this tension-free mesh repair is ongoing. In this thesis therefore possible benefits of endoscopic compared to open mesh inguinal hernia repair were examined with focus on postoperative pain and other aspects of quality of life. Chronic postoperative inguinal pain (CPIP) is currently the most common complication after inguinal hernia repair. Risk factors on CPIP were examined and presented together with a score list to predict patient's individual risk on CPIP.

INGUINAL HERNIA SURGERY A patient centered approach

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