

Stellingen behorende bij het proefschrift

**Falls in Older Persons:
Associated Factors and the Effects of Drug Withdrawal**

1. Withdrawal of fall-risk increasing drugs does not lower quality of life (*this thesis*).
2. Higher serum 25(OH)D concentrations are associated with better strength and physical performance in older men and women (*this thesis*).
3. Walking up or down stairs and housekeeping are the most common activities leading to a traumatic brain injury in older men and women (*this thesis*).
4. Compliance to psychotropic drug withdrawal is poor (*this thesis*).
5. Total withdrawal of fall-risk increasing drugs is impossible (*this thesis*).
6. The potential harm versus benefit of antihypertensive medications should be weighed in older adults with multiple comorbidities. *Tinetti 2014*
7. Hip fracture incidence would be much lower if we all lived in tropical climates, e.g. the Caribbean.
8. It is a person's biological rather than chronological age that matters.
9. When the hospital's janitors come to you with their hernias your practice is well established. *Moshe Schein*
10. Beautiful young people are an accident of nature, beautiful old people are works of art. *Eleanor Roosevelt*
11. In academia modesty is underrated.

Nicole Boy , Rotterdam, 9 oktober 2015