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## CARDIOVASCULAR MEDICINE

# Pulsed wave tissue Doppler imaging for the quantification of contractile reserve in stunned, hibernating, and scarred myocardium

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**Objectives:** To assess whether quantification of myocardial systolic velocities by pulsed wave tissue Doppler imaging can differentiate between stunned, hibernating, and scarred myocardium.

**Design:** Observational study.

**Setting:** Tertiary referral centre.

**Patients:** 70 patients with reduced left ventricular function caused by chronic coronary artery disease.

**Methods:** Pulsed wave tissue Doppler imaging was done close to the mitral annulus at rest and during low dose dobutamine; systolic ejection velocity (Vs) and the difference in Vs between low dose dobutamine and the resting value ( $\Delta$ Vs) were assessed using a six segment model. Assessment of perfusion (with Tc-99m-tetrofosmin SPECT) and glucose utilisation (by  $^{18}$ F-fluorodeoxyglucose SPECT) was used to classify dysfunctional regions (by resting cross sectional echocardiography) as stunned, hibernating, or scarred.

**Results:** 253 of 420 regions (60%) were dysfunctional. Of these, 132 (52%) were classified as stunned, 25 (10%) as hibernating, and 96 (38%) as scarred. At rest, Vs in stunned, hibernating, and scar tissue was, respectively, 6.3 (1.8), 6.6 (2.2), and 5.5 (1.5) cm/s ( $p = 0.001$  by ANOVA). There was a gradual decline in Vs during low dose dobutamine infusion between stunned, hibernating, and scar tissue (8.3 (2.6) v 7.8 (1.5) v 6.8 (1.9) cm/s,  $p < 0.001$  by ANOVA).  $\Delta$ Vs was higher in stunned (2.1 (1.9) cm/s) than in hibernating (1.2 (1.4) cm/s,  $p < 0.05$ ) or scarred regions (1.3 (1.2) cm/s,  $p = 0.001$ ).

**Conclusions:** Quantitative tissue Doppler imaging showed a gradual reduction in regional velocities between stunned, hibernating, and scarred myocardium. Dobutamine induced contractile reserve was higher in stunned regions than in hibernating and scarred myocardium, reflecting different severities of myocardial damage.

In patients with chronic coronary artery disease, it is important to differentiate between stunned, hibernating, and scarred myocardial tissue. Patients with substantial viability (stunned or hibernating myocardium) may be candidates for coronary revascularisation, whereas patients with irreversibly damaged myocardium will probably not benefit from revascularisation.<sup>1–3</sup> The development of stress echocardiography and nuclear imaging techniques has enabled us to differentiate viable from non-viable myocardium.<sup>4–8</sup> Moreover, the combined assessment of perfusion and glucose utilisation permits the differentiation of normally perfused dysfunctional myocardium (stunned myocardium) from chronically hypoperfused dysfunctional myocardium (hibernating myocardium).<sup>9–11</sup> Although it is likely that stunned and hibernating myocardium do not represent different entities but consist of a continuum of myocardial dysfunction in ascending order of severity, it is clinically relevant to delineate stunning from hibernation. Preliminary data show that hibernating myocardium may need a longer time to recover contractile function fully than stunned tissue.<sup>12</sup> Our aim in this study was to quantify, using pulsed wave tissue Doppler imaging, the differences in regional systolic wall motion and contractile reserve in stunned, hibernating, and scarred myocardial tissue.

## METHODS

### Patient population

Seventy patients with chronic coronary artery disease (previous myocardial infarction or angiographically proven

coronary artery disease) were studied at least six months after any previous myocardial infarct. Patients with idiopathic dilated cardiomyopathy, significant valvar heart disease, or a suboptimal acoustic window were not included in the study.

The study protocol was as follows. First, left ventricular ejection fraction was assessed by radionuclide ventriculography. Next, regional contractile function was evaluated by resting cross sectional echocardiography. Then low dose dobutamine (5 and 10  $\mu$ g/kg/min) was infused and contractile reserve was assessed. The resting regional wall motion systolic velocities (Vs) and change in velocities during dobutamine infusion (contractile reserve,  $\Delta$ Vs) were then quantified by pulsed wave tissue Doppler imaging. Finally, single photon emission computed tomography (SPECT) imaging was done, and perfusion and glucose utilisation were evaluated using  $^{99m}$ Tc-tetrofosmin and  $^{18}$ F-fluorodeoxyglucose ( $^{18}$ F-FDG), respectively. According to the perfusion-metabolism patterns on SPECT imaging, dysfunctional myocardium was categorised as stunned, hibernating, or scar tissue. Quantitative tissue Doppler imaging data were related to the SPECT findings.

**Abbreviations:** ANOVA, analysis of variance;  $^{18}$ F-FDG,  $^{18}$ F-fluorodeoxyglucose; NYHA, New York Heart Association; SPECT, single photon emission computed tomography; Vs, systolic velocity;  $\Delta$ Vs, difference in systolic velocity between rest and during low dose dobutamine infusion

All patients gave their informed consent, and the local ethics committee approved the study protocol.

### Radionuclide ventriculography to assess left ventricular ejection fraction

After injection of  $^{99m}\text{Tc}$  (740 MBq), radionuclide ventriculography was done at rest with the patient in the supine position. A small field of view gamma camera (Orbiter; Siemens, Erlangen, Germany) was used, oriented in a 45° left anterior oblique position with a 5–10° caudal tilt. The left ventricular ejection fraction was calculated using standard methods.<sup>13</sup>

### Cross sectional echocardiography to assess resting contractile function and contractile reserve

We used a commercially available imaging system (Sonos 5500; Hewlett Packard, Andover, Massachusetts, USA) and a 1.8 MHz transducer employing second harmonic imaging to optimise visualisation of the endocardial border.<sup>14</sup> Cross sectional imaging was done with the patient in the left lateral position. Standard views were recorded onto an optical disk (cine loop format). For the assessment of contractile reserve in dysfunctional myocardium, we used dobutamine stress echocardiography, as described previously.<sup>15</sup> After the resting echocardiographic study, dobutamine was given intravenously at doses of 5 and 10 µg/kg/min for five minutes. Two experienced observers, unaware of the clinical data or the SPECT results, scored the digitised echocardiograms off-line. In cases of disagreement, a third observer reached a majority decision. Six regions were evaluated, including lateral, inferior, infero-septal, antero-septal, anterior, and posterior.<sup>16</sup> Regional wall motion and systolic wall thickening were scored using a five point grading scale: 1, normal; 2, mildly hypokinetic; 3, severely hypokinetic; 4, akinetic; and 5, dyskinetic. Regions with severe hypokinesia, akinesia, or dyskinesia were considered abnormal; segments with mild hypokinesia were considered normal.

### Tissue Doppler imaging to quantify resting contractile function and contractile reserve

The same six segment model was used for pulsed wave tissue Doppler imaging. A pulse repetition frequency of 45–60 kHz and a sample volume of 4 mm<sup>3</sup> were used. The measurement of myocardial velocity was sampled in three apical views (four chamber, two chamber, and three chamber) close to the mitral annulus and during a minimum of five consecutive beats, in order to minimise the variability induced by respiration. The depth of the sample volume of every region was kept constant during dobutamine stress echocardiography to ensure that left ventricular myocardium was sampled close to the mitral annulus. The Doppler velocity profiles and ECG tracings were simultaneously stored on optical disk. All measurements were done off-line using a computer assisted drawing system. The velocity values (cm/s) were obtained on calibrated still frames by manually measuring the distance between the zero baselines and the peak Doppler profile of the ejection phase, in reference to the ECG. Cardiac cycles with extrasystolic beats, post-extrasystolic beats, or rhythm disturbance were excluded. Recordings and measurements were done at baseline and during low dose (10 µg/kg/min) dobutamine infusion.

### SPECT tissue characterisation: assessment of stunning, hibernation, and scar

All patients underwent dual isotope simultaneous acquisition SPECT. Resting  $^{99m}\text{Tc}$ -tetrofosmin SPECT (600 MBq) was used to assess regional perfusion. Myocardial glucose utilisation was evaluated by  $^{18}\text{F}$ -FDG SPECT (185 MBq). To

optimise cardiac  $^{18}\text{F}$ -FDG, 500 mg of Acipimox (Byk, Netherlands) was given orally to all patients.<sup>17</sup> A triple head gamma camera (Prism 3000XP; Picker, Cleveland, Ohio, USA) was used. The camera was equipped with commercially available high energy 511 keV collimators.<sup>18</sup> The energies were centred on the 140 keV photon peak of  $^{99m}\text{Tc}$ -tetrofosmin with a 15% window, and on the 511 keV photon peak of  $^{18}\text{F}$ -FDG with a 15% window. Data were acquired over 360° (120 sectors of 3°), and total imaging time was 32 minutes. The data were stored in a 64 × 64, 16 bit matrix. The images were reconstructed by filtered back projection using a Butterworth filter (cut off frequency, 0.17 cycles per pixel); 6 mm thick (one pixel) transaxial slices were obtained. Subsequently, standard short and long axis projections perpendicular to the heart axis were reconstructed. The same six regions as for the echocardiographic analysis were used.

Both  $^{99m}\text{Tc}$ -tetrofosmin and  $^{18}\text{F}$ -FDG studies were analysed quantitatively (segments normalised to maximum tracer uptake). Dysfunctional segments (identified by resting echocardiography) were evaluated for perfusion and glucose utilisation.<sup>4 19 20</sup> Dysfunctional segments with normal perfusion (normalised  $^{99m}\text{Tc}$ -tetrofosmin uptake of > 80%) were classified as stunned. Dysfunctional segments with a perfusion defect (normalised  $^{99m}\text{Tc}$ -tetrofosmin uptake < 80%) were classified as hibernating when a perfusion– $^{18}\text{F}$ -FDG mismatch was present (relative increase of  $^{18}\text{F}$ -FDG uptake ≥ 10%, compared with  $^{99m}\text{Tc}$ -tetrofosmin uptake). Dysfunctional segments with a perfusion defect were classified as scar tissue when a perfusion– $^{18}\text{F}$ -FDG match was present (< 10% difference in tracer activities).<sup>4 19 20</sup>

### Statistical analysis

Dichotomous variables are presented as n (%) and continuous variables as mean (SD). Comparisons between severely and non-severely dysfunctional regions were made using the Student *t* test. Comparisons between normal, mildly hypokinetic, severely hypokinetic, and akinetic/dyskinetic regions, as well as between stunned, hibernating, and scarred regions, were made by one way analysis of variance (ANOVA). Bonferroni analysis was used to assess significance during multiple comparisons. Significance of all statistical tests was assumed at the 0.05 probability level.

## RESULTS

### Patient characteristics

The baseline clinical characteristics of the 70 patients are summarised in table 1. Mean left ventricular ejection fraction was 31 (10%) (range 10–45%), and the New York Heart Association (NYHA) functional class was on average 3.0 (1.2). The majority of patients (53 patients, 76%) were in NYHA class III or IV.

### Cross sectional echocardiography to assess resting contractile function and contractile reserve

Resting echocardiography was undertaken in 420 regions. Of these, 167 (40%) had normal contractile function (normokinesia), while 253 (60%) were dysfunctional, including 164 severely hypokinetic and 89 akinetic/dyskinetic regions. Of the 253 dysfunctional regions, 181 (72%) showed contractile reserve during dobutamine infusion (increase in wall motion score index by one grade or more during dobutamine infusion). The haemodynamic response during low dose dobutamine infusion is shown in table 2. The administration of dobutamine was well tolerated by all patients. The protocol was completed in all patients without serious side effects.

**Table 1** Clinical baseline characteristics of the 70 study patients

Male sex	59 (84%)
Age (years)	62 (10)
New York Heart Association functional class	3.0 (1.2)
Left ventricular ejection fraction (%)	31 (10)
Previous myocardial infarction	62 (89%)
Previous coronary artery bypass graft surgery	15 (21%)
Previous percutaneous transluminal coronary angioplasty	20 (29%)
Hypertension*	17 (24%)
Diabetes mellitus†	8 (11%)
Hypercholesterolaemia‡	27 (39%)
Current smoking	15 (21%)
Angina pectoris	40 (57%)
Drug treatment	
Aspirin/oral anticoagulants	62 (89%)
Angiotensin converting enzyme inhibitors	58 (83%)
Diuretics	35 (50%)
$\beta$ Blockers	42 (60%)
Digoxin	12 (17%)

Data are n (%) or mean (SD).

\*Defined as blood pressure  $\geq 140/90$  mm Hg, or treatment with antihypertensive drugs.

†Patients receiving oral antidiabetics or insulin.

‡Defined as a total cholesterol  $\geq 6.4$  mmol/l or treatment with lipid lowering drugs.

### Tissue Doppler imaging to quantify resting contractile function and contractile reserve

Myocardial systolic velocity of normal or mildly hypokinetic regions (non-dysfunctional regions) was 6.8 (2.0) cm/s at rest and 9.2 (3.3) cm/s during low dose dobutamine challenge, while  $\Delta V_s$  was 2.4 (2.8) cm/s. Dysfunctional regions had significantly lower velocities: 6.2 (1.6) cm/s at rest ( $p < 0.001$ ) and 7.6 (2.0) cm/s at low dose dobutamine ( $p < 0.001$ ), with  $\Delta V_s$  reaching 1.4 (1.5) cm/s ( $p < 0.001$ ). Figure 1 illustrates the systolic velocities at rest and during low dose dobutamine infusion, and  $\Delta V_s$  in normal, mildly hypokinetic, severely hypokinetic, and akinetic/dyskinetic regions, according to the cross sectional echocardiographic assessment. Comparison between the four groups (by ANOVA) showed significant differences in  $V_s$  at rest ( $p = 0.003$ ) and during low dose dobutamine infusion ( $p < 0.001$ ), as well as in  $\Delta V_s$  ( $p < 0.001$ ).

In dysfunctional regions with contractile reserve during low dose dobutamine challenge, maximum  $V_s$  was 6.1 (1.6) cm/s at rest and 8.0 (2.2) cm/s during low dose dobutamine, and  $\Delta V_s$  was 1.9 (2.1) cm/s. In dysfunctional regions without contractile reserve,  $V_s$  was 6.2 (2.0) cm/s at rest ( $p = 0.41$ ) and 7.3 (2.2) cm/s during low dose dobutamine ( $p = 0.04$ ), and  $\Delta V_s$  was 1.1 (2.0) cm/s ( $p = 0.008$ ).

### SPECT imaging, tissue characterisation

Dual isotope SPECT imaging showed that 132 of 253 dysfunctional regions (52%) had normal perfusion and glucose utilisation; these segments were considered stunned. Reduced perfusion and relatively preserved glucose utilisation (hibernating myocardium) was observed in 25 of the

dysfunctional regions (10%). The remaining regions (96; 38%) had concordantly reduced perfusion and metabolism and were considered to be scar tissue.

### Tissue Doppler imaging in stunned, hibernating, and scarred regions

#### $V_s$ at rest

In the dysfunctional regions,  $V_s$  at rest in stunned, hibernating, and scar tissue was, respectively, 6.3 (1.8), 6.6 (2.2), and 5.5 (1.5) cm/s ( $p = 0.001$  by ANOVA).

#### $V_s$ during low dose dobutamine

During low dose dobutamine infusion there was a gradual decline in  $V_s$  in stunned, hibernating, and scar tissue (8.3 (2.6) cm/s  $v$  7.8 (1.5) cm/s  $v$  6.8 (1.9) cm/s;  $p < 0.001$  by ANOVA).

#### $\Delta V_s$

The increase of tissue Doppler systolic velocity observed during low dose dobutamine stress ( $\Delta V_s$ ) is considered an indicator of contractile reserve. The comparison between the three groups showed that  $\Delta V_s$  was significantly higher in stunned (2.1 (1.9) cm/s) than in hibernating (1.2 (1.4) cm/s,  $p < 0.05$ ) or scarred regions (1.3 (1.2) cm/s,  $p = 0.001$ ). Table 3 presents tissue Doppler systolic velocities in stunned, hibernating, and scarred myocardium.

## DISCUSSION

### Main findings

Quantitative analysis of myocardial wall motion showed that there is a gradual decline in wall motion velocities between stunned, hibernating, and scarred myocardium, which is more pronounced during low dose dobutamine infusion. However, stunned myocardium had better preserved dobutamine induced contractile reserve, not only in comparison with scar tissue but also in comparison with hibernating myocardium.

### Contractile reserve in stunning and hibernation

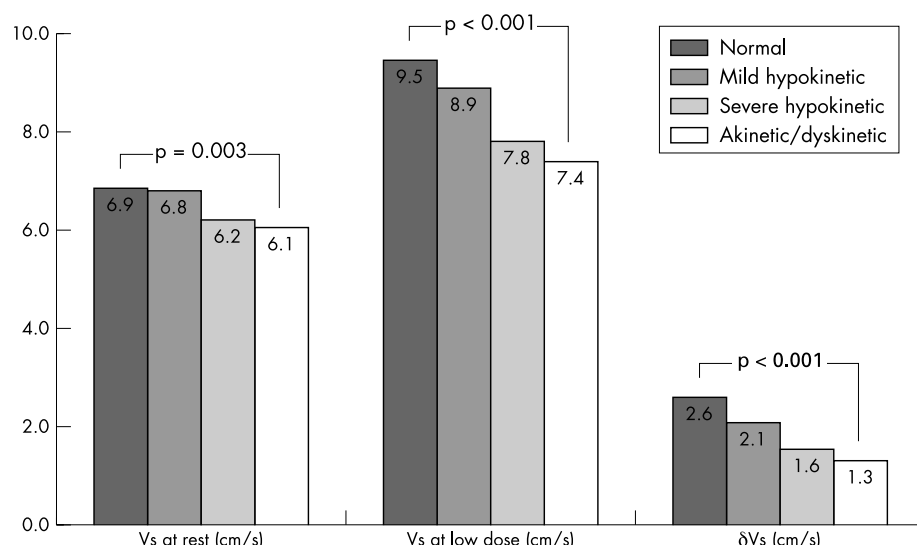
In this study, myocardial regions with severe dysfunction assessed by resting cross sectional echocardiography were classified as stunned, hibernating, or scarred, based on the combined scintigraphic assessment of glucose utilisation and perfusion.<sup>9-11</sup> It has been hypothesised that resting perfusion is initially normal in myocardium affected by chronic coronary artery stenosis, and this state has been referred to as chronic stunning.<sup>21</sup> When this condition is prolonged over time, animal studies have shown that resting perfusion may eventually become reduced, a state referred to as hibernation.<sup>11-21</sup> Along these lines, it is thought that hibernating myocardium is more damaged on the myocyte level than chronically stunned myocardium. Indeed, biopsies taken from hibernating myocardium during surgical revascularisation have shown a gradual loss of sarcomeres and a nearly absent sarcoplasmic reticulum, with accumulation of glycogen in the spaces previously occupied by the myofibrils.<sup>22-23</sup> Thus, following chronic coronary stenosis,

**Table 2** Haemodynamic response during dobutamine infusion

	Baseline	Dobutamine (10 $\mu$ g/kg/min)	p Value
Heart rate (beats/min)	74 (12)	83 (15)	<0.001
Systolic blood pressure (mm Hg)	125 (22)	125 (19)	0.960
Diastolic blood pressure (mm Hg)	76 (11)	73 (11)	0.018
Rate-pressure product	9250 (2376)	10377 (3017)	<0.001
Wall motion score index	2.8 (0.5)	2.5 (1.0)	<0.001

Values are mean (SD).





**Figure 1** Systolic velocity (Vs) at rest and during low dose dobutamine infusion, and the difference in Vs from rest to low dose dobutamine infusion ( $\Delta V_s$ ) in normal, mildly hypokinetic, severely hypokinetic, and akinetic/dyskinetic regions.

stunning may gradually progress to hibernation.<sup>11</sup> When this condition persists for a long time, irreversible damage may eventually occur, followed by scar formation.

Based on observations on a myocyte level, it is likely that resting contraction and contractile reserve may be more affected (reduced) in hibernating than in stunned myocardium. As cross sectional echocardiography is only based on visual assessment of wall motion, we have used tissue Doppler imaging to provide objective and quantitative information on resting contractile function and contractile reserve (assessed during infusion of low dose dobutamine). Quantitative tissue Doppler imaging done in this way showed a gradual decline in wall motion velocities in stunned, hibernating, and scarred myocardium, reflecting different degrees of ultrastructural damage. In addition, stunned regions had better preserved contractile reserve than either hibernating or scarred regions.

### Previous studies

Our findings are in agreement with previous studies that showed a superior contractile reserve in stunned than in hibernating tissue. Sambuceti and colleagues studied 21 patients one month after they had been given thrombolysis for acute anterior myocardial infarction.<sup>22</sup> The investigators employed positron emission tomography (using combined assessment of perfusion and glucose utilisation) to differentiate stunned from hibernating myocardium. In stunned myocardium, contractile reserve—assessed by infusion of low dose dobutamine—was frequently intact, whereas hibernating myocardium less often showed contractile reserve. Schinkel and colleagues studied 198 patients with ischaemic cardiomyopathy and also showed that contractile reserve was more commonly present in stunned than in hibernating myocardium.<sup>15</sup> Our present study confirms and extends these previous findings. These are the first quantitative data on

contractile reserve in stunned, hibernating, and scarred myocardium. Tissue Doppler velocities differed significantly in these three situations and may be used to delineate these pathophysiological entities.

### Clinical implications

It is important for clinicians treating patients with ischaemic cardiomyopathy to be able to predict improvement in contractile function after coronary revascularisation. Both hibernating and chronically stunned myocardium (based on the more severe ultrastructural damage) may need a longer time to recover after revascularisation.<sup>12</sup> Accordingly, the distinction between stunned and hibernating myocardium (and their differentiation from scarred myocardium) may allow the clinician to anticipate the time needed for recovery of function after revascularisation. Quantification of contractile reserve by pulsed wave tissue Doppler imaging may provide an easy, simple, and relatively inexpensive method of acquiring this information. With this in mind, studies in patients undergoing revascularisation are needed.

### Limitations

The study had several limitations. First, no outcome data after myocardial revascularisation were available. Second, pulsed wave tissue Doppler imaging includes the effect of cardiac motion within the thorax, as well as the maintenance of the angle of incidence of the ultrasound beam in relation to the axis of myocardial longitudinal movement; this limitation was partially minimised in our study by using only apical views, where the cardiac apex serves as a fixed reference point.<sup>23</sup> Finally, tissue Doppler imaging measurements are susceptible to the tethering effect of neighbouring segments. We tried to avoid these effects by considering each of the myocardial walls as a whole region, and by positioning the sample near the mitral annulus, where

**Table 3** Pulsed wave tissue Doppler systolic velocities in stunned, hibernating, and scarred segments, at rest and during low dose dobutamine infusion

	Stunning (n = 132)	Hibernation (n = 25)	Scarred tissue (n = 96)	p Value (ANOVA)
Vs at rest (cm/s)	6.3 (1.8)	6.6 (2.2)	5.5 (1.5)	0.001
Vs at low dose (cm/s)	8.3 (2.6)	7.8 (1.5)	6.8 (1.9)	<0.001
ΔVs (cm/s)	2.1 (1.9)	1.2 (1.3)	1.3 (1.2)	0.001

Values are mean (SD).

the vectorial sum of velocities along the longitudinal axis can be measured.

## Conclusions

Quantitative tissue Doppler imaging showed a gradual reduction in wall motion velocities from stunned to hibernating and finally to scarred myocardium. The dobutamine induced contractile reserve assessed by tissue Doppler imaging was greater in stunned regions than in hibernating and scarred myocardium. The gradual reduction in wall motion velocities probably reflects increasing severity of ultrastructural damage in these different pathophysiological entities.

## Authors' affiliations

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(*Heart* 2004;**90**:e23) [www.heartjnl.com/cgi/content/full/90/5/e23](http://www.heartjnl.com/cgi/content/full/90/5/e23)

### Giant left atrial mass in an asymptomatic patient

**S Lamparter, R Moosdorf, B Maisch**

A large atrial myxoma, attached in an atypical location, was identified in the left atrium of a 70 year old patient. Although the tumour occupied a large part of the left atrium the patient remained in sinus rhythm and displayed no symptoms.

(*Heart* 2004;**90**:e24) [www.heartjnl.com/cgi/content/full/90/5/e24](http://www.heartjnl.com/cgi/content/full/90/5/e24)