1. Adding the sural and radial cutaneous nerves to standard assessment protocols will improve early detection of nerve function impairment in leprosy. (this thesis)

2. Twenty weeks of prednisolone treatment is sufficient to improve nerve function in most leprosy patients with recent nerve function impairment. (this thesis)

3. Early detection is key to the prevention of irreversible nerve function impairment in leprosy, because treatment of nerve function impairment is not always successful. (this thesis)

4. The Thermal Sensation Tester and NeuroQuick are sufficiently accurate for early detection of leprosy neuropathy in field circumstances and make testing faster, easier and more affordable. (this thesis)

5. Governments should support poor families in leprosy endemic areas during food shortage periods with meat, fish, fruit and vegetables, to reduce the risk of leprosy. (this thesis)

6. Organic farming is a luxury ‘invented’ in the West, and not a realistic option when you need to feed the increasing number of mouths in the world.

7. Studies into the relation between nutrition and health show frequently inconsistent results. Stick to a varied and moderate diet, then you will be most likely doing the right thing.

8. All professionals involved in the elimination of Neglected Tropical Diseases are also working towards their own elimination as disease experts. The critical issue is that the disease goes first.

9. As long as the consequences of leprosy are irreversible, stigma cannot be eradicated.

10. Progress in the medical world does not always mean progress for the patient.

11. Af en toe moet je je leven ondersteboven houden om te zien of er nog meer in zit (Loesje)
    - Every now and then you should turn your life upside down to see whether there is more in it.

Inge Wagenaar

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