1. The esophago-gastric anastomosis remains the Achilles heel of gastric tube reconstruction. (*this thesis*)

2. The end-to-end esophago-gastric anastomosis reduces leakage compared to the end-to-side anastomosis but is accompanied by a higher stricture rate. (*this thesis*)

3. Routine examination, gastroscopy or contrast swallow study, is not indicated after gastric tube reconstruction. (*this thesis*)

4. The Comprehensive Complication Index is the most sensitive tool to score postoperative complications. (*this thesis*)

5. Neoadjuvant chemo radiotherapy followed by surgery does not lead to more postoperative complications compared to surgery alone for esophageal carcinoma. (*this thesis*)

6. If you want to advance in science, do not drink tea.


8. Patients with a high ethanol blood level are more likely to survive trauma. (*Alcohol. 2014 Jun;48(4):391-400*)

9. Cutting out bad habits is more effective than cutting out bad organs. (*Herbert M. Shelton*)

10. It’s more important to know which person has the disease, than to know which disease the person has. (*Hippocrates*)

11. De anesthesist moet altijd verslappen, de chirurg nooit. (*dr. C.J. van Steensel, chirurg*)

N. Nederlof, mei 2017