1. Although picky eating has been a major concern for parents for many decades, the core characteristics and related factors of this problematic behaviour are only recently emerging (this thesis).

2. Almost half of the parents, at one point or another, report picky eating problems in their preschoolers (this thesis).

3. Picky eating behavior usually subsides before the age of six (this thesis).

4. Parental internalizing problems are a risk factor for picky eating behavior (this thesis).

5. Persisting picky eating problems may be an early sign or marker of pervasive developmental problems (this thesis).

6. Picky eating is no feeding problem.

7. The discussion of the role of parental feeding practices vs. children’s picky eating traits reflects the ongoing debate between what came first; the chicken or the egg.

8. Psychiatrists are interested primarily in the patient’s subjective perception of reality, which may well be a serious limitation for scientists.


10. In psychiatry, for a while longer, fundamental science and clinical science will remain two different worlds.

11. Behind a good scientist stands a great editor.